

## **SUNSHINE COAST-WIDE BAY HEALTH SERVICE DISTRICT HEART FAILURE MANAGEMENT PROGRAM - BUNDABERG**

Community Adult Health  
Bundaberg Hospital  
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BUNDABERG QLD 4670

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The Bundaberg Heart Failure Management Program aims to improve health and well being through coordinating care and empowering clients to self manage.

The Heart Failure Management Program cares for people with a confirmed diagnosis of heart failure.

### **AIMS OF THE PROGRAM**

The program aims to ensure that those with heart failure receive the most up-to-date treatment and assessments, while helping patients to lead a longer, more active and enjoyable life and prevent avoidable hospitalization.

### **The program offers**

- A comprehensive assessment of heart function
- Health and lifestyle advice
- Self-management
- Education for client and carer about heart failure and the prevention of exacerbations
- Emotional support for the client and carer
- The program has an emphasis on education and self-management
- Follow up at home, in clinic or via the telephone
- Clinics with a cardiologist
- Tele-health clinics
- Heart failure supervised exercise group
- Referrals to other services as required

For further information, contact:

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