



## Psychology Practice

Bridges PSYCHOLOGY PRACTICE complements our existing mental health, and drug and alcohol treatment services.

We specialise in providing evidence-based individual and group treatment<sup>1</sup> for:

- Adults and young people with a moderate to severe mental illness;
- Adults and young people with a dual diagnosis or complex needs;
- Early interventions for young people (aged 16 years and over)

Bridges employs two Psychologists and a Social Worker each with extensive knowledge and expertise in the diagnosis and treatment of mental health disorders and working with people with a serious mental illness and/or dual diagnosis.

Access to the Practice is via:

- GP or Psychiatrist referral as part of a Mental Health Treatment Plan; OR
- Job Service Provider referral for Stream 3 or 4 clients

Our services are **free for clients**. Bridges does **not** charge a gap payment for clients referred by a GP or Psychiatrist and we invoice Job Service Providers at the current Medicare Benefits Schedule Rates.

For further information or to obtain a copy of our Referral Form

**Please phone 1300 707 655**

**Or visit [www.bas.org.au](http://www.bas.org.au)**

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<sup>1</sup> For example psycho-education, motivational interviewing, cognitive-behavioural therapy, relaxation strategies, psycho education, problem solving, anger management, social skills, communication, stress and parenting, interpersonal therapy