

"Rebuilding After Separation"

An 8 week workshop
held at
Lifeline - 3a River Terrace
Millbank - Bundaberg

After separating from a love relationship, it is important to give yourself time to understand and to care for your own emotional needs So that you can restart your life. This is not easy but necessary to getting your life back on track. So don't struggle alone!

Join this 8 week program and be with a group of people who want to make a difference in their lives by working through the pain and confusion of separation.

Many others have attended this program and are amazed at the progress they made and how much better they feel about themselves and their future.



To Commence
Monday 20th June 2011 for 8 Weeks.

Time: 6.00pm till 8.30 pm

Cost: \$10 per week

Registrations Essential
Call Lifeline 41538400
to Register
8.30am - 4pm Mon-Fri

Funded by



Queensland Government
Department of Communities

 **Lifeline**
Coral Coast Capricorn

OUR SHARED VALUES Compassion | Respect | Justice | Working Together | Leading through Learning