

Grandparents United is supported by the Family & Community Support Service of Community Connect Fraser Coast Inc. Community Connect is a community organisation dedicated to supporting the needs of the Fraser Coast Community.

Other services provided by
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Family Connect—Family & Community Support
Service

Family Support Worker &

Parent Aide Home Visiting Service

Reconnect

Bay Connect



**Community
Connect**

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**Grandparents
United**

**Support and information
for Grandparents
raising Grandchildren**



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Grandparents United

In years gone by it wasn't unusual for grandparents to play a significant role in the lives of their grandchildren. This was usually in a carer role, when parents were working or organising their lives and the grandchildren usually went home at the end of the day. This gave grandparents time to themselves to rest and recuperate from running after their grandchildren. The late 20th and early 21st century has seen the rise of a phenomenon whereby grandparents are the primary care givers of their grandchildren, providing for every aspect of their lives.



The challenges ahead

At a time in your life when you thought you would be resting from the years of work and raising your own family, it can be a shock to become the primary caregiver for a new generation of children. Your time is not your own, your resources become stretched and you have to deal with sports, school, social life and all the joys and problems associated with raising children. All when you are tired and lacking energy and the support of other parents who were around when you were raising your own children.



Help is at hand

Family Connect recognised that grandparents needed a group where they could meet with other grandparents in the same situation as themselves.

This is not a formal group, but more of a chance to get together with other grandparents who are parenting their grandchildren to share ideas, problems and hopefully come up with some solutions.

One grandparent may have already dealt with a situation that you are currently experiencing and may be able to give valuable insight into how they handled the situation, what help is at hand and what may or may not work.

Grandparents United meets once a fortnight on Fridays.

The venue for meetings will be decided at each get together so to find out where the group will be held on any Friday please call Family Connect on 4124 5144.



Come along to **Grandparents United**, share a cup of tea and get some ideas and information. Be supported and provide support for other grandparents who parent their grandchildren.

