

Questions to determine suitability for Falls Advisory Clinic

There are some conditions which are **not eligible** for the Falls Advisory Clinic. These are:

- Cognitive impairment/dementia
- Neurological conditions such as Multiple Sclerosis, Parkinson's Disease and Acquired Brain Injury
- Client's awaiting hip or knee replacements
- Palliative or acute pain episodes

For people requesting **rails**?

- Do they feel they need the rail or did someone else recommend it?

Why? _____

- Do they have a history of falls and where did these take place?

If Yes, Number: _____ Location: _____

If No, Do they believe they are at risk of falls? **Yes/No**

Some indicators might include:

- Feel unsteady or unbalanced at times
- Often reach for something to hold onto (eg. Sink, door handle, walls)
- Find it difficult to use steps or stairs
- Find it hard to get out of chairs or bed
- Have difficulty seeing changes in ground level

- *Tell them that it is community health's position that people attempt to address their health relating to falls prevention before (and maybe instead of) having rails. We have a falls prevention clinic that assesses the risk of falls and provides strategies to address these risk factors.*

- Are they willing to work towards improving their health?

Yes/No

- Would they like the Physio or OT to call them to make an appointment for the falls advisory clinic?

Yes/No

- *If they are not interested in the clinic, and simply want the rail installed, inform them that they are not able to access this through our service and need to contact Blue Care.*

Blue Care: 41977202

OZ Care: 4131 4250