

Who can refer a client to an Occupational Therapist?

Referrals are accepted from Medical Practitioners, other Health Care Professionals or direct from the client or caregiver. Specialist referrals may be required for complex referrals.

Clients who are eligible for an occupational Therapy service from another agency (e.g. Ed Qld) are not eligible for the Rural Allied Health Occupational Therapist.



How else can an Occupational Therapist help you?

We can also provide education sessions to community groups, schools or health care staff on various conditions, and interventions we provide. Please phone 4161 3571 to discuss this further with an Occupational Therapist.



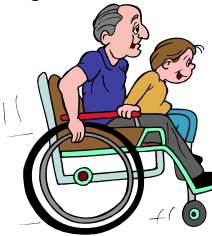
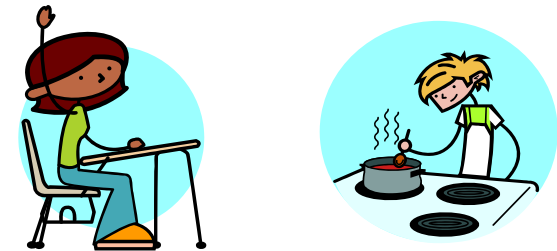
For further information or referrals contact:

Occupational Therapy
Rural Allied Health Team
Sunshine Coast - Wide Bay Health Service District
PO Box 41
Gayndah QLD
Phone: (07) 4161 3571
Fax: (07) 4161 3598



Queensland
Government
Queensland Health

Sunshine Coast - Wide Bay Health Service District



Rural Allied Health Occupational Therapy

Servicing:
Biggenden
Gayndah
Mundubbera
Eidsvold
Monto

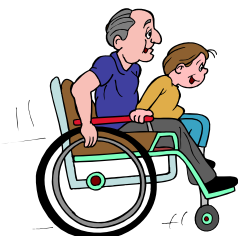
health • care • people

What is an Occupational Therapist (OT)?

Occupational Therapists work with people of all ages and abilities to maintain independence and quality of life.

Through assessment, and the provision of equipment, exercises, alternative strategies or modifications, they help people achieve goals that are important to them.

These can be related to functioning at home, school, work or leisure activities.



Occupational Therapists help clients with the following conditions:

- Neurological conditions e.g. Stroke, Brain Injury, Parkinson's, Multiple Sclerosis, Motor Neurone Disease, Dementia
- Spinal Cord Injury
- Hand injury e.g. fracture, tendon repair, amputation
- Joint replacement surgery
- Cardiac and respiratory conditions
- Burns, scars
- Pressure areas
- Swelling in upper or lower limbs, other body areas
- History of falls at home, at risk of falling in current home set up
- Chronic conditions e.g. arthritis
- Developmental delay
- Fine/gross motor difficulties e.g. handwriting, cutting, coordination
- Difficulties with self care e.g. dressing, using cutlery
- Difficulties with play/socialisation
- Difficulties following instructions and maintaining attention/concentration

When should someone see the Occupational Therapist?

Here are examples of some of the services we provide:

- Home assessment (to advise on home modifications and equipment to promote home safety e.g. grab rails, ramps).
- Prescription of appropriate aids and equipment e.g. wheelchairs, over toilet frames, shower chairs, long handled aids, modified cutlery.
- Assessment and intervention for physical or cognitive difficulties.
- Splinting and exercise programs to improve function in the hand and arm.
- Prescription of compression garments.
- Early intervention assessment and intervention for children e.g. home/school programs, individual or group therapy.
- Education to clients, caregivers and community members about various conditions, and tips to help maintain independence and quality of life.