

Who can refer a client to a Physiotherapist?

Referrals are accepted from Medical Practitioners, other Health Care Professionals or direct from the client or caregiver. Specialist referrals may be required for complex referrals.

Clients who are eligible for a physiotherapy service from another agency (e.g. DVA, Work Cover, Disability Services Queensland) are not eligible for the Rural Allied Health Physiotherapist.



How else can a Physiotherapist help you?

We can also provide education sessions to community groups, schools or health care staff on various conditions, injury prevention and interventions we provide. Please phone 4161 3571 to discuss this further with a physiotherapist.

For further information or referrals contact:

Physiotherapy

Rural Allied Health Team
Sunshine Coast - Wide Bay Health Service District
PO Box 41
Gayndah QLD

Ph: (07) 4161 3571
Fax: (07) 4161 3598



Queensland
Government
Queensland Health

Sunshine Coast - Wide Bay Health Service District



Rural Allied Health Physiotherapy

Servicing:

Biggenden
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Mundubbera
Eidsvold
Monto

health • care • people

What is a Physiotherapist?

Physiotherapists assess the underlying causes of joint, muscle and nerve injuries, and provide advice and treatment to help people gain as much movement and physical independence as possible so they can resume their normal job or lifestyle.



Physiotherapists help clients with the following conditions:

- Musculoskeletal conditions – i.e. conditions affecting muscles, joints or nerves such as back pain or sports injuries.
- Before and after orthopaedic surgery e.g. a total hip replacement.
- Respiratory conditions e.g. asthma or chronic obstructive pulmonary disease.
- Children with developmental delay.
- Women's health issues e.g. pregnancy related back pain, stress incontinence.
- Neurological conditions e.g. Stroke, Brain Injury, Parkinson's Disease, Motor Neurone Disease
- Falls risk and general deconditioning.



When should someone see the Physiotherapist?

- If you have had a recent fall and are concerned about your ability to mobilise safely.
- For assessment, treatment and advice on painful conditions such as back pain or a sports related injury.
- Education to clients, caregivers and community members about various conditions, and tips to help maintain physical fitness and independence.