

## Who can refer a client to the Rural Allied Health Social Worker?

With your consent, anyone, including Family, Friends, Health Professionals (e.g. Occupational Therapist, G.P., Nursing Staff, Blue Care) etc can make a referral.

***A referral from a Health Professional is not necessary to access this service.***

Clients of all age groups can access this service.



## How else can the Rural Allied Health Social Worker help you?

Contact can be:

- Face to face
- By phone

And can be at your local...

- Community Health Centre
- Hospital
- An agency venue
- Home visit
- Wherever appropriate to situation



**For further information or referrals contact:**

The Social Worker  
Rural Allied Health Team  
Sunshine Coast - Wide Bay Health Service District  
PO Box 41  
Gayndah QLD  
Phone: (07) 4161 3571  
Fax: (07) 4161 3598



Queensland  
Government  
Queensland Health

**Sunshine Coast - Wide Bay  
Health Service District**



**Rural Allied Health  
Social Worker**

Servicing:  
Biggenden  
Gayndah  
Mundubbera  
Eidsvold  
Monto

health • care • people

## What is a Social Worker?

Social Workers complete a 4 year university degree which includes sociology, welfare, law, government and psychology.

Social Workers are bound by a Code of Ethics which promotes Social Justice, Equity, Respect and Confidentiality.

The Rural Allied Health Social Worker offers assistance and support to:

**\*Individuals**

**\*Groups**

**\*Families**

**\*Community**

Through:

- Counselling
- Therapy
- Education
- Resources
- Information
- Support
- Liaison
- Advocacy.

## The Rural Allied Health Social Worker helps clients with:

- Trauma/assault
- Grief (current or chronic)
- Post Natal Disorders
- Crisis
- Childhood abuse/Family of Origin issues in adults
- Low self-esteem
- Domestic Violence with a focus on ongoing counselling rather than crisis situations
- Family Dysfunction
- Bad News Diagnosis
- Nursing Home/Hostel placement and associated grief/lifestyle changes
- Stress
- Patient/staff mediation
- Client/Family coping issues and Carer Support as a result of illness
- Anger Management
- Assertiveness Training
- Financial concerns (limited)

**Referrals may be directed, with consent, to specialist services as appropriate.**

## When should someone see the Social Worker?

If you or someone you care for is not coping or needing help with Personal, Social, Legal or Health matters.

The Social Worker provides social work intervention which aims to support and increase functioning to enhance healthy choices and life opportunities.

